The Fortunato Breast Health Center follows a holistic approach to care, focusing on your overall well-being and facilitating a speedy recovery. Our team is committed to developing a personalized plan tailored to your needs, ensuring the best possible outcome for you.

Our specialized team of Nurse Practitioners and holistic nursing staff specialize in integrative therapy, utilizing a holistic approach to enhance your recovery after breast surgery.



#### Fortunato Breast Health Center

(631) 686-2561

Learn more at matherhospital.org/pinkangels



# FORTUNATO BREAST HEALTH CENTER

Preoperative personalized support and guidance prior to breast surgery



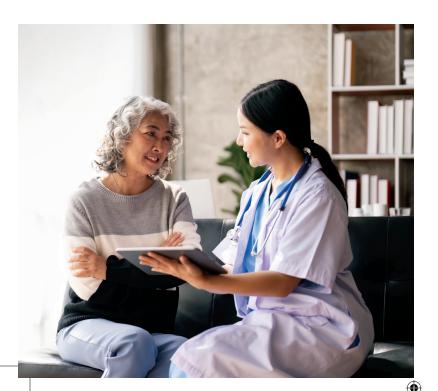






Preparing for breast surgery can be an overwhelming experience, often accompanied by feelings of anxiety and confusion. At Mather Hospital's Fortunato Breast Health Center, we understand the challenges you may face. That's why we are proud to introduce our Pink Angels Preoperative Program, designed to provide confidential support, guidance, and reassurance during this critical time.

Our experienced integrative nursing team specializes in assisting individuals like you as you prepare for breast surgery. With their extensive knowledge and compassionate approach, they will serve as your dedicated partners, guiding you through every step of your surgical journey.



#### Our dedicated breast team:

#### ■ Compassionate emotional support:

We understand the emotional toll that breast surgery can take. Our team is here to provide compassionate support, helping to alleviate stress and anxiety.

#### Expert answers and calming presence:

We know you may have many questions and concerns. Our team is here to provide clear, reassuring answers, offering a calming presence to ease your worries.

### Personalized guidance, education, and support:

Every individual's journey is unique. That's why we offer personalized guidance, education, and support tailored to your specific needs.

Our services include:

- Acupuncture
- Meditation
- Reiki
- Aromatherapy

With the support of our integrative nursing team, you will gain valuable insights into self-care practices and receive tools to manage stress and promote recovery.

## Patient navigator services

Our services are provided at no cost to you. For more information or to schedule an appointment, please call (631) 686-2561. Clinic sessions are held every other Friday from 3:30 PM to 5:30 PM at the Fortunato Breast Health Center.

